

© Kamla-Raj 2015 PRINT: ISSN 0976-4224 ONLINE: ISSN 2456-6292 J Psychology, 6(2): 110-124 (2015) DOI: 10.31901/24566292.2015/06.02.01

Measuring Employee Engagement of South African Managers

Lailah Imandin¹, Christo A. Bisschoff² and Christoff J. Botha³

¹The Management College of South Africa, Durban, South Africa and PhD Graduate at the North-West University, Potchefstroom, South Africa Telephone: 27 31 300 7200, E-mail: lailah.imandin@mancosa.co.za ²NWU Potchefstroom Business School, North-West University, Private Bag X6001, Potchefstroom, 2520 Durban, South Africa Telephone: 27 18 299 1411, E-mail: Christo.bisschoff@nwu.ac.za ³NWU Potchefstroom Business School, North-West University, Private Bag X6001, Potchefstroom, 2520 Durban, South Africa Telephone: 27 18 299 1467, E-mail: Christoff.botha@nwu.ac.za

KEYWORDS Behavioral Engagement. Drivers. Factors. Model. Validity. Work Stress

ABSTRACT This paper reports the level of employee engagement exhibited by managers in South Africa. The model employed to measure employee engagement was validated as a measuring tool, and consequently the selection thereof as a measurement tool. The paper provides a brief rationale of the validation process, where after it continues to provide the demographic profile of the respondents and the level of employee engagement as measured by the model. The model employes seven employee measurement criteria, namely management and leadership, behavioral engagement, change management and stress-free environment, career growth opportunities, emotional engagement, nature of the job and feeling valued/involved. 260 employee responses were collected by means of a structured questionnaire from a stratified sample of 300. Although all the factors showed high levels of importance towards employee engagement, behavioral engagement was deemed to be the most important factor. Furthermore, correlational analysis indicated that none of the demographic variables significantly influence the employee engagement factors, suggesting that stratified managerial interventions are not required to improve employee engagement.